

Menu A

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk
Lunch 11.30	Cottage Pie with broccoli Creamy apricot dessert	Chicken Curry with rice & naan bread Strawberry jelly & ice cream	Red Pesto Pasta Eve's Pudding	Salmon Risotto with peas Semolina with blackberry compote	Roast Chicken Roast potatoes Yorkshire Pudding Vegetable medley Fromage Frais
Food temp (°C)					
Afternoon snack 14.30	Scotch Pancakes	Malt loaf	Rice cakes with turkey roulades	Edam cheese squares & crackers	Breadsticks with dips (fruitloaf for Ducklings)
Tea 16.15	Cheese and tomato pizza with pepper sticks Fresh fruit	Bagels with cream cheese & cucumber Pudding made by the children	Fish finger tortillas with salad Fresh fruit	Spaghetti hoops on toast Fresh Fruit	Sausage rolls and sandwich selection Cherry tomatoes Fresh Fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

Menu B

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk
Lunch 11.30	Lentil Bolognese with spaghetti Baked apples with custard	Fish Fingers Potato Wedges Garden Peas Fruit yogurt	Sausage and mash with gravy and carrots Orange jelly	Chicken & apricot tagine with rice Fruity Flapjack	Spaghetti & meatballs Banana & cinnamon rice pudding
Food temp (°C)					
Afternoon snack 14.30	Rice cakes with turkey roulades	Breadsticks with dips (fruitloaf for Ducklings)	Edam cheese squares with crackers	Malt loaf	Scotch pancakes
Tea 16.15	Homemade butternut soup with a wholemeal roll Fresh fruit	Red Pesto Pasta Fresh fruit	Sandwich selection Cherry tomatoes Pudding made by the children	Cheesy Crumpets Cucumber sticks Fresh fruit	Beans on toast Fresh fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

Menu C

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk
Lunch 11.30	Chicken stroganoff with rice Ice cream cornet	Carousel pasta bake with garlic bread Greek yogurt & honey	Prawn curry with rice & naan bread Apple crumble with custard	Spaghetti Bolognese Creamy peach dessert	Sausage lentil simmer Mashed potatoes Broccoli Jam sponge & custard
Food temp (°C)					
Afternoon snack 14.30	Edam cheese squares with crackers	Rice cakes with turkey roulades	Scotch pancakes	Breadsticks with dips (fruitloaf for the Ducklings)	Malt loaf
Tea 16.15	Selection of wraps Cucumber slices Fresh fruit	Potato croquettes with baked beans & chopped ham Fresh fruit	Cheese on toast Chopped beetroot Fresh fruit	Homemade sweet potato soup with a wholemeal roll Pudding made by the children	Savoury muffins with Edam cheese Cherry tomatoes Fresh fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection