

# Menu A

<b>Date:</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Cottage Pie with broccoli  <b>Creamy apricot dessert</b>	Chicken Curry with rice & naan bread  <b>Strawberry jelly &amp; ice cream</b>	Cauliflower macaroni cheese  <b>Eve's Pudding</b>	Salmon Risotto with peas  <b>Semolina with blackberry compote</b>	Roast Chicken Roast potatoes Yorkshire Pudding Vegetable medley  <b>Fromage Frais</b>
<b>Food temp (°C)</b>					
Afternoon snack 14.30	Malt Loaf	Apples & Crackers	Rice cakes with turkey rollades	Scotch pancakes	Breadsticks with dips (Tealoaf for Ducklings)
Tea 16.15	Pesto Pasta  <b>Fresh fruit</b>	Bagels with cream cheese & cucumber  <b>Pudding made by the children</b>	Fish finger tortillas with salad  <b>Fresh fruit</b>	Beans on toast with grated cheese  <b>Fresh Fruit</b>	Sausage rolls and sandwich selection Cherry tomatoes  <b>Fresh Fruit</b>
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

**We cater for a wide range of dietary requirements—please speak to a member of staff if this is relevant for your child.**

# Menu B

<b>Date:</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Lentil Bolognese with spaghetti  <b>Baked apples with custard</b>	Fish Fingers Potato Wedges Garden Peas  <b>Fruity oat crumble sundae</b>	Sausage and mash with gravy and carrots  <b>Orange jelly</b>	Chicken & apricot tagine with rice  <b>Fruit yogurt</b>	Spaghetti & meatballs  <b>Banana &amp; cinnamon rice pudding</b>
<b>Food temp (°C)</b>					
Afternoon snack 14.30	Rice cakes with turkey roulades	Malt Loaf	Apples & Crackers	Breadsticks with houmous dip	Scotch pancakes
Tea 16.15	Homemade butternut soup with a wholemeal roll  <b>Fresh fruit</b>	Spaghetti hoops on toast with cheese  <b>Fresh fruit</b>	Pizza margherita Mixed pepper salad  <b>Pudding made by the children</b>	Cheesy Crumpets Cucumber sticks  <b>Fresh fruit</b>	Sandwich selection Cherry tomatoes  <b>Fresh fruit</b>
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

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# Menu C

<b>Date:</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Chicken stroganoff with rice  <b>Ice cream cornet</b>	Carousel pasta bake with garlic bread  <b>Greek yogurt &amp; honey</b>	Prawn curry with rice & naan bread  <b>Apple crumble with custard</b>	Spaghetti Bolognese  <b>Creamy peach dessert</b>	Sausage lentil simmer Mashed potatoes Broccoli  <b>Jam sponge &amp; custard</b>
<b>Food temp (°C)</b>					
Afternoon snack 14.30	Scotch pancakes	Rice cakes with turkey roulades	Malt Loaf	Apples & Crackers	Breadsticks with houmous dip
Tea 16.15	Selection of wraps Cucumber slices  <b>Fresh fruit</b>	Fish cakes with baked beans  <b>Fresh fruit</b>	Savoury muffins with cream cheese & ham Cherry tomatoes  <b>Fresh fruit</b>	Homemade sweet potato soup with a wholemeal roll  <b>Pudding made by the children</b>	Toasted croissant with cheese Crunchy veg sticks  <b>Fresh fruit</b>
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

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