

Menu A

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Cottage Pie with broccoli Creamy apricot dessert	Chicken curry with rice & naan bread Strawberry jelly & ice cream	Spaghetti pomodoro with garlic bread Eve's Pudding	Salmon risotto with peas Semolina with blackberry compote	Roast Chicken Roast potatoes Yorkshire Pudding Vegetable medley Fromage Frais
Food temp (°C)					
Afternoon snack 14.30	Malt Loaf	Apples & Crackers	Breadsticks with houmous dip	Melon & ham	Rice cakes with turkey roulades
Tea 16.15	Pesto Pasta Fresh fruit	Homemade red pepper soup with a wholemeal roll Pudding made by the children	Bagels with cream cheese & cucumber Fresh fruit	Beans on toast with grated cheese Fresh Fruit	Sausage rolls and sandwich selection Cherry tomatoes Fresh Fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

We cater for a wide range of dietary requirements—please speak to a member of staff if this is relevant for your child.

Menu B

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Lentil Bolognese with spaghetti Baked apples with custard	Fish Fingers Potato Wedges Garden Peas Fruity oat crumble sundae	Sausage and mash with gravy and carrots Orange jelly	Chicken tagine with rice Fruit yogurt	Spaghetti & meatballs Banana & cinnamon rice pudding
Food temp (°C)					
Afternoon snack 14.30	Rice cakes with turkey roulades	Malt Loaf	Apples & Crackers	Breadsticks with houmous dip	Melon & ham
Tea 16.15	Sandwich selection Cherry tomatoes Fresh fruit	Spaghetti hoops on toast with cheese Fresh fruit	Homemade butternut soup with a wholemeal roll Pudding made by the children	Cheesy Crumpets Cucumber sticks Fresh fruit	Fish cakes with baked beans Fresh fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

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Menu C

Date:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08.00-08.30	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / Greek yoghurt with fresh & dried fruits
Morning snack 09.30	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch 11.30	Chicken stroganoff with rice Ice cream cornet	Carousel pasta bake with garlic bread Greek yogurt & honey	Prawn curry with rice Apple crumble with custard	Spaghetti Bolognese Creamy peach dessert	Sausage lentil simmer Mashed potatoes Broccoli Pineapple Upside Down Cake
Food temp (°C)					
Afternoon snack 14.30	Melon & ham	Rice cakes with turkey roulades	Malt Loaf	Apples & Crackers	Breadsticks with houmous dip
Tea 16.15	Selection of wraps Cucumber slices Fresh fruit	Pizza margherita Mixed pepper salad Fresh fruit	Savoury muffins with cream cheese & ham Fresh fruit	Homemade sweet potato soup with a wholemeal roll Pudding made by the children	Toasted croissant with cheese Fresh fruit
Evening snack 18.00	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection	Sandwich selection

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